

**ELECTRICAL WORKERS HEALTH & WELFARE PLAN FOR NORTHERN NEVADA**

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PO Box 11337  
445 Apple Street  
Suite 109  
Reno, Nevada 89502

Telephone: (775) 826-7200  
Facsimile: (775) 824- 5080

**TO: All Eligible Participants**

**DATE: April 1, 2026**

**RE: Provider Additions, Changes, & Deletions**

\*\*\*\*\* REMEMBER\*\*\*\*\* Your healthcare is your responsibility. Whenever you seek medical, dental or vision services, use your Preferred Provider Network to select quality medical care while saving yourself money.

**Your Network is in a constant state of change.** Call the Healthcare Services department at your Trust Fund Office (775) 826-7200, before making an appointment with a provider you have not seen before or to verify that a current Preferred Provider contract is in effect.

READ YOUR BENEFIT BOOK CAREFULLY. Not all specialties listed, or services provided are covered benefits. If you are uncertain if a service is a covered benefit, call the Trust Fund Office and speak to Customer Service.

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**NEW PREFERRED PROVIDER AGREEMENTS**

**Specialty: DURABLE MEDICAL EQUIPMENT**

**Adesso Therapeutics**  
5365 Mae Anne Ave. Ste B-9  
Reno, NV 89523  
(775) 313-0364

**Effective: November 1, 2025**

**Specialty: EAR, NOSE & THROAT**

Ear, Nose and Throat Consultants  
101 Tower Rd Ste120  
Dakota Dunes, SD 57049  
(605) 217-4320

**Effective: November 1, 2025**

Ear, Nose and Throat Consultants  
4301 Sergeant Road Ste 215  
Sioux City, IA 51106  
(605) 217-4320

**Effective: November 1, 2025**

**Specialty: FAMILY MEDICINE**

Dr. Shouping Li, MD  
50 E. Haskell St. Ste. A  
Winnemucca, NV 89445  
(775) 623-0550

**Effective: February 1, 2026**

**Specialty: HOSPICE CARE**

1Care Hospice Reno  
5909 S. Virginia St. Ste. 201-C  
Reno, NV 89502  
(775) 600-1030

**Effective: March 1, 2026**

**Specialty: MENTAL HEALTH**

Namaste Counseling  
505 S. Arlington Ave., Ste. 210  
Reno, NV 89509  
(775) 224-1373  
Jennifer Brenn, LMFT

**Effective: November 1, 2025**

Empowering Choices Counseling  
104 9th Avenue South, Suite B1  
Nampa, Idaho 83651  
(208) 803-0883

**Effective: January 1, 2026**

**NEW PREFERRED PROVIDER AGREEMENTS-Continued**

**Specialty: MENTAL HEALTH**

Eclectic Therapy  
430 Stoker Ave, Ste. 105  
Reno, NV 89503  
(775) 354-4935  
Juseth Giron LCSW Psychotherapy

**Effective: November 1, 2025**

Yellow Mariposa Wellness  
63 Keystone Ave., Ste. 307  
Reno, NV 89503  
Mery Mares, LMFT  
(775) 502-6100

**Effective: January 1, 2026**

Journey Within Behavioral Health  
777 E. Williams Street, Ste. 101  
Carson City, NV 89701  
(775) 434-7103  
Adults & Pediatrics

**Effective: January 1, 2026**

Paths Forward  
3160 S. Valley View Blvd., Ste. 204  
Las Vegas, NV 89102  
(702) 448-2587

**Effective: March 1, 2026**

Pathways Families and Communities Services  
1150 Selmi Drive, Ste. 501  
Reno, NV 89512  
(866) 954-7284  
Adults & Pediatrics

**Effective: February 1, 2026**

Reno Tahoe Psychiatry  
6121 Lakeside Dr., Ste 130  
Reno, NV 89511  
(775) 444-5112  
Adults & Pediatrics

**Effective: February 1, 2026**

**Specialty: OPHTHALMOLOGY**

Falcon Vision  
501 Keystone Ave.  
Reno, NV 89503  
(775) 322-3777

**Effective: November 1, 2025**

**Specialty: OPTOMETRY & MATERIALS**

Family First Eye Care  
8040 S. Virginia St., Ste 6  
Reno, NV 89511  
(775) 977-1615  
Dr. Melissa D. Macco, OD

**Effective: November 1, 2025**

**Specialty: PEDIATRICS HEALTH**

Pack Pediatrics  
5301 Reno Corporate Drive  
Reno, NV 89511  
(775) 329-5555

**Effective: November 1, 2025**

**Specialty: PHYSICAL THERAPY**

**Pinion Rehabilitation**  
1775 Browing Way, Ste. 203  
Elko, Nevada 89801  
(775) 738-4494  
Glen N. Waldron, PT  
Angelica L. Loup, PT

**Effective: October 1, 2025**

**NEW PREFERRED PROVIDER AGREEMENTS-Continued**

**Specialty: PHYSICAL, OCCUPATIONAL & SPEECH THERAPY & PEDIATRICS**

**Tilton's Therapy-Mobile Services Only** Adult & Pediatrics  
Main Directory: (702) 381-1839  
<https://tiltonstherapy.com/register-a-patient>  
Reno/Carson/Northern Nevada Out-Lying Areas/Las Vegas Area

**Effective: March 1, 2026**

**Specialty: SLEEP MEDICINE**

Meliorem Sleep Services  
2115 Green Vista Drive, Ste 101  
Sparks, NV 89431  
(775) 557-4900  
(833) 989-2134

**Effective: November 1, 2025**

Meliorem Sleep Services  
875 Roberta Lane, Ste #103B  
Sparks, NV 89431  
(775) 557-4900  
(833) 989-2134

**PROVIDER ADDITIONS, DELETIONS & UPDATED PRACTICE INFORMATION  
NORTHERN NEVADA**

**NEW LOCATION ADDED:**

Northern Nevada HOPES  
1905 E. 4th Street  
Reno, NV 89512  
(775) 786-4673

**NEW LOCATION ADDED:**

Haramandeep Singh, MD dba iSleep Physicians  
2500 Old Crow Canyon Road, Suite 505  
San Ramon, CA 94583  
(925) 415-5353  
Eff: 9/1/2025

**NEW ADDRESS:**

Eclectic Therapy  
625 Margrave Drive, Ste. 200  
Reno, NV 89502

**UPDATED PHONE NUMBER:**

Fernley Physical Therapy  
20 N West Street  
Fernley, NV 89408  
(775) 575-5508

**PROVIDER DELETIONS - NO LONGER PREFERRED PROVIDERS**

**CLOSING BUSINESS:**

**Martin Dennis MD**  
1865 Plumas Street, Suite 1  
Reno, NV 89509  
(775) 786-7440  
**TERM: 1/28/2026**

Sierra Nevada ENT Associates (TWO LOCATIONS)  
-2874 N Carson Street, Suite 220  
Carson City, NV 89706  
-1493 Medical Parkway  
Carson City, NV 89703  
**TERM: 1/1/2026**